



Coping with Holidays

Samaritan | GRIEF
SUPPORT

NOVEMBER IN-PERSON SESSION

- Monday, November 17 — 1:00 - 2:30 pm

DECEMBER IN-PERSON SESSION

- Tuesday, December 9 — 1:00 - 2:30 pm

In-person sessions held at Samaritan Center at Voorhees — 265 Rt. 73 S, Voorhees, NJ

NOVEMBER ONLINE SESSION

- Wednesday, November 19 — 6:00 - 7:30 pm

DECEMBER ONLINE SESSION

- Wednesday, December 10 — 6:00 - 7:30 pm

For most people, holidays are a happy, festive time of year. But, for those facing holidays after a loss of a loved one, the season can be lonely, depressing, and often difficult to handle.

Holidays or not, it is important for you to find a way to take care of yourself. You're invited to join us at this free workshop to learn tips about how to deal with holidays.

Registration is required at [856.596.8550](tel:856.596.8550) or CFGcounseling@SamaritanNJ.org

Samaritan
LIFE-ENHANCING CARE FOR 45 YEARS

Samaritan offers a number of grief support groups at no charge thanks to the charitable support of our donors... each designed to meet different needs. Learn more at SamaritanNJ.org