

Education Topics

Program	Summary	Delivery OD (On Demand) IP (In Person) V (Virtual)	CEs
A Nautical Journey Through Grief for Healthcare Workers	Explores grief as a natural response to loss, using an interactive nautical journey to practice strategies that reintegrate the body, mind, and spirit after loss.	IP/V OD - TBA	.5
A Structured Protocol for Pain Management	Details a comprehensive approach to pain management in palliative care, emphasizing the interdisciplinary team's role in assessing and managing pain to enhance patient outcomes.	OD	1.0
Advanced Cardiac Care / Escape Room	Standardizes care for heart failure patients developed with the National Partnership for Healthcare & Hospice innovation and the American Heart Association, focusing on heart failure trajectory and quality of life.	IP/V	1.0
Advanced Care Planning & Directives	Distinguish advance care planning from advance directives, emphasizing open discussions about values and care goals.	OD	.75
Care Nearing the End of Life	Provides skills for compassionate end-of-life care, including symptom management and addressing social, spiritual, and psychological aspects. Emphasizes clear communication and respecting cultural and personal beliefs.	OD	1.25
Co-Morbid Substance Use Disorder, Saying "Yes" to Complex Cases	Addresses implicit bias and stigma in care delivery for people with co-morbid substance use disorder and mental health challenges, based on a real case.	OD	1.0
Dementia Care / Dementia Jeopardy	Addresses the unique medical, social, and palliative care needs of dementia patients and their caregivers, providing knowledge and skills to improve quality outcomes.	IP/V	2.0
Empathy + Action = Trauma Informed Care	Overview of psychological trauma, its impact on clinical presentation, and practices to reduce or prevent further harm, emphasizing trauma-informed care.	OD	1.0
Ethical Considerations	Distinguishes between morality and ethics, focusing on ethical principles in healthcare. Covers beneficence, non-maleficence, autonomy, and justice, and the application of these principles in palliative and hospice care.	OD	.75

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Hospice & Palliative Care	Discusses hospice and palliative care services aiming to prevent and relieve suffering while optimizing quality of life, focusing on maintaining comfort without hastening or delaying death.	OD	1.0
Humor and Health	Examines the therapeutic potential of humor and laughter, offering strategies to incorporate humor into life and clinical practice to enhance healing and connection.	IP/V	1.0
Life Hacks, a Jumpstart to Joy	Explores the relationship between stress, resilience, and joy using practical strategies like labyrinth walking and self-coaching to enhance life satisfaction.	IP/V OD - TBA	.5
Loss, Grief, and Bereavement	Explores the impact of grief on individuals and society, emphasizing tailored support systems and the influence of the COVID-19 pandemic. Covers theoretical frameworks, complex grief manifestations, and the roles of social support and spiritual beliefs.	OD	.75
Morphine Myths and Misconceptions	Explores the purpose, safety, and effectiveness of morphine in hospice care, addressing common fears and misconceptions to improve quality of life and symptom management.	IP/V	N/A
Opioid Pharmacology	Covers effective pain management at the end of life, focusing on appropriate medication dosages and routes, including parenteral and subcutaneous administration, continuous infusions, and equianalgesic dosing.	IP/V	2.0
Patterns of Advanced Illness	Provides knowledge on advanced illnesses, their prevalence, symptoms, treatment options, and the role of palliative care in improving quality of life.	OD	1.0
Prognostication & Trajectory of Illness	Discusses tools for assessing prognosis and understanding illness trajectories to integrate palliative and active management strategies.	OD	.75
Psychological Support	Examines the dynamics of mental health as a holistic state of well-being, encompassing physical, mental, and social dimensions.	OD	.75
Seizure Management in Hospice	Explains the types and presentations of seizures, their association with various disorders, and effective treatment regimens, emphasizing the healthcare team's knowledge and management strategies.	IP/V	.5
Social Determinants of Health	Examines how factors like access to food, transportation, and housing affect health outcomes. Discusses integrating social determinants into medical care and leveraging community resources to support patients' non-medical needs.	OD	1.0

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Spiritual & Existential Care	Highlights the importance of addressing spiritual needs in healthcare, distinguishing between personal spirituality and communal religion. Explores approaches to spiritual assessment and care, emphasizing empathy and presence.	OD	1.0
The Interdisciplinary Team: Roles & Responsibilities	Examines the composition, dynamics, and responsibilities of the interdisciplinary team in hospice and palliative care settings.	OD	1.0
The Language of Pain	An interdisciplinary approach to pain management, covering the language used to describe pain, pain pathology fundamentals, and common interventions.	OD	1.0