

Addressing Social Isolation, Loneliness, and Connection

National Efforts, Community Strategies, & Practical Suggestions for Older Adults



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Foundation for Social Connections

Monday, November 6

5:30 pm — Light Refreshments

6:00 pm — Speaker

Weinberg Commons
Amy Silvers Community Building
1707 Springdale Road, Cherry Hill NJ 08003

Social Connections are good for your health! Learn about ways to prevent isolation and loneliness!

Light refreshments will be served & tours will be available.

For more information, please call Rachel Gaitan at Aleph Adult Day Center at 856.685.5700 x2001 or visit alephsnj.org

PLEASE JOIN US!

Learn more at our free event!

- Risk factors for social isolation and loneliness among older adults
- How the Foundation and its partners are addressing the issue
- Promising strategies to help you feel a sense of connection and belonging
- Local programs and services in our community

Click [HERE](#) to RSVP or call 856.685.5700 x2001

