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**Bibliography of Books on Grief for Children and Teens**(Books with star available as read aloud on YouTube)

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| **Title** | **Age Appropriate** | **Description** |
| The Tenth Good Thing about Barney by Judith Viorst  \*\*\*\* | Pre-K to 2nd grade | A boy mourning loss of pet and the ways his parents help him process his grief |
| I Miss You : A First Look at Death by Pat Thomas  \*\*\* | Preschool to early elementary | General information on : what is death; funerals; feelings; soul |
| Love you Forever by Robert Munsch  \*\*\* |  | Relationship through life cycle |
| When Dinosaurs Die: A Guide to Understanding Death byLaurie Krasny Brown and Marc Brown  \*\*\* | Early elementary | Question/answer format.  What does dead mean; why does someone die; feelings re death and grief; ways to remember someone |
| Saying Goodbye to Lulu by Corinne  \*\*\* | Preschool to early elementary | Loss of aged pet |
| Everett Anderson’s Goodbye by Lucille Clifton  \*\*\* | Preschool to early elementary | Loss of father; stages of grief; ethnic |
| Sad Isn’t Bad: A Good Grief Guidebook for Kids Dealing With Loss by Michaelene Mundy  \*\*\* | preschool to early elementary | introduction for parents; feelings and concerns after a death |
| The Fall of Freddie the Leaf: A story of Life for All Ages by Leo Buscaglia  \*\*\* | All ages | Delicate balance between life and death |
| About Dying: An Open Family Book for Parents and Children Together by Sara Bonnett Stein | Preschool to early elementary | Notes for parent on each page with suggestions for parents; Death of a bird; death of grandfather |
| What is Death by Etan Boritzer | Elementary | Explanation of physical death; addresses religious and spiritual part of death |
| Life is like the Wind by Shona Innes  \*\*\* |  | Explanation of life/death by comparing to wind; feelings, coping, beliefs in afterlife to  wind; |
| Tear Soup by Pat Schwiebert and Chuck Deklyen  \*\*\* | 8-12 years | Healing after loss |

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| **Title** | **Age Appropriate** | **Description** |
| The Invisible String by Patrice Karst  \*\*\* | Preschool to early elementary | Addresses separation and always being connected to those you love |
| The Invisible String Workbook  Creative Activities to Comfort, Calm and Connect by Patrice Karst | Preschool to early elementary | An adjunct to the Invisible String book, has activities and bonus cards, related to loss |
| Finding your own way to Grieve: A creative Activity Workbook for kids and teens on the autism spectrum by Karla Herbert | Autism spectrum | Feelings, experiences and topics related to grief |
| The Goodbye Book by Todd Parr  \*\*\* | Preschool to 1st grade | Explores feelings of grief through death of a fish |
| Ida Always  \*\*\* | elementary | Touching book, re: death of friend (polar bear) from chronic illness |
| Where do they go? By Julia Alvarez  \*\*\* | elementary | Discussion re: death and its aftermath |
| Missing Mommy by Rebecca Cobb  \*\*\* | elementary | Boy whose mother died and emotions related to loss-confusion, jealousy, guilt, sadness, remembering |
| Death is Stupid by Anastasia Higginbotham  \*\*\* | elementary | Feelings experience when someone dies and explanation of ways to remember them. |
| The Memory Box: A book about grief by Joanna Rowland  \*\*\* | elementary | Feelings and memories about the person that died |
| Something Very Sad Happened: toddlers guide to understanding death  \*\*\* | toddler | Death of grandmother with information for parents/caregiver |
| Stones for Grandpa by Renee Londer  \*\*\* | elementary | Jewish tradition; 1st year of grief; reminiscing the person that died |
| Lifetimes by Bryan Mellonie and Robert Ingpen  \*\*\* | Preschool and elementary | Basic description of life cycle in nature |
| The Scar by Charlotte Moundlic  \*\*\* | Late elementary | Death of mother; explicit description of grief |
| What on earth do you do when someone dies by Trevor Romain | elementary | Educational-death, grief feelings |
| Why do I feel so Sad: a grief book for children by Tracy Lambert-Prater | elementary | Story about grief-different types of loss |
| When Someone Very Special Dies | Ages 6-12 | Advice for parents, good tool to use as family or parent/child; to be illustrated by child |
| Saying Goodbye to Daddy  By Judith Vigna | Preschool- early elementary | Feeling associated with grief; example of explaining death to children |
| When I die will I get better  By Joeri and Piet Breebart | elementary | Story told by 5 year old who lost his brother; his father did illustrations; sudden death, funeral, burial, grief does get better |
| **Title** | **Age Appropriate** | **Description** |
| The Saddest Time by Norma Simon | elementary | 3 types of loss: sudden death of classmate; death of uncle from chronic illness, death of grandmother (aged) |
| I Heard your Daddy/Mommy Died Centering Corporation | Preschool to early elementary | Feelings associated with death |
| Tiger Flowers by Patricia Quinlan | Early elementary | Loss of uncle and his partner through AIDS; illness, death and grief |
| The Great Change by White Deer of Autumn | Elementary | Native American Indian grandmother explaining death of grandfather to her granddaughter |
| My Yellow Balloon by  Tiffany Papageorge  \*\*\*\* | Preschool to early elementary | For children navigating all types of loss. Validates grief, loss and healing. |
| Water Bugs and Dragonflies Explaining death to young children  By Doris Stickney  \*\*\* | Preschool to early elementary | A nature based metaphor for death, loss and transformation. Activity included. Can be accessed on-line. |
| Hugs from Heaven by  Anna Whitson-Donaldson | Early elementary | Written as a poem from a loved one who died to comfort young children who have had a loss. |
| The Next Place by Warren Hanson  \*\*\* | Early elementary/elementary | A book to help answer children’s questions about “where someone goes” after they die. |
| **TEENS** | | |
| Fire in my Heart, Ice in my Veins: A journal for Teenagers experiencing a loss by Enid Samuel Traisman | Teens | To honor, record, and realize their many thoughts, feelings and questions related to grief and to their memories |
| Modern Loss: Candid Conversation about Grief by Gabriele Birkner and Rebecca Soffer | Teens | Described as fresh and at times irreverent; navigating grief in era of social media; original candid essays |
| Straight talk about death for teenagers: how to cope with losing someone you love by Earl Grollman | Teens | Explains to teens what to expect from the loss of a loved one and how to cope, grieve and live through and with grief |
| Weird if Normal when teenagers grieve by Jenny Lee Wheeler | Teens | Written for teens by teens |
| Healing your grieving heart for teens: 100 practical Idea by Alan Wolfelt | Teens | Ideas on how to go on with your life without the person you have lost |
| You are not alone: teens talk about life after the loss of a parent by Lynn Hughes | Teens | Teens talk about their personal loss and what works and what do |
| Teenagers and grief by Doris Zagdanski | Teens | These are emotional times and the stresses of grief can make it overwhelming. Includes writings by teens |